

Morning Workshops

Introduction to Sailing

Holly Davenport

For women who are beginners, or who wish to learn the fundamentals of sailing. Receive an introduction to sailing, boat equipment, points of sail, tacking, jibbing, and basic safety notes. Even if you already know some basics of sailing, enhance your knowledge with this opportunity to get questions answered and discuss your first experiences.

Introduction to Match Racing

Stephanie Roble and Maggie Shea

Maggie Shea and Stephanie Roble, both finalists for the 2012 U.S. Olympic Trials in Women's Match Racing, will be hosting an intro to match racing workshop. Match racing is a fast-paced and extremely tactical discipline of sailing, but has many valuable lessons that transfer into fleet and keelboat racing. During the workshop Maggie and Steph will use video to demonstrate basic match racing maneuvers, rules, opportunities and lessons that coincide with other sailing.

Weather on the Water

Amy Seeley

Learn how to find and use the right information to make the best decisions in various weather circumstances - for your boat, and your crew. Read the clouds, sky and wind to judge what is coming and help you prepare. Discuss how to stay informed and exercise good judgment for the safest experience whether cruising or racing.

Sail Repair/Maintenance

Jenny Townsend

Learn how to lengthen the life of your sails through proper care and repair. Topics covered are when to fold, and when to roll; basic care techniques; when to fix a sail yourself and when to send it to the sailmaker.

Spinnaker Handling – Practical

Mickey Neilson

For the sailor who understands the basics of rigging, hoisting and trimming the spinnaker, this course is an opportunity to move to the next level. After a brief review of the basics, focus on trim and handling for the best safety and speed. Discuss the importance of coordination among the pole, guy, sheet, and main sail controls. Address trim for various wind directions, and keys to coordination between driver and trimmer. **Dockside/On-Boat Class**

Docking Theory/Practical

Jan Guthrie

Each approach to a dock requires evaluation of different factors: wind speed, direction, type of dock and available crew and talent. Using land-based theory, and on the dock landing, learn some fundamental techniques of boat handling in docking – including proper use of fenders and cleats, dock line rigging, and techniques for lasso-ing the elusive piling. This class will be outside rain or shine so bring your gear. **Dockside Class**

Safety on the Water

Amy Cermak

In this interactive, hands-on workshop you will gain the knowledge of the safety equipment on your boat,

and learn how to use it. Many aspects of boating safety will be covered: life jackets, marine radios, flares, man over board equipment, and more. A must-do course for people at all levels of sailing.

Starting Tactics

Betsy Alison

Many races are won "at the start". Learn from an expert how to increase the likelihood of starting in the most advantageous position. Discuss how to strategize the approach, navigate relative to other boat positions, judge timing, alter your speed, avoid barging, and abide by starting rules.

Gel Coat Maintenance

Phyllis McDonald

Are you tired of envying other boats' shiny hulls? Do you have some bo-boos that you'd like to fix? Learn how to make your boat's hull look like a million dollars in this informative hands-on session that will teach you what you need to know to patch, wax, and buff your tired-looking fiberglass.

Knot Know-How

Jan Guthrie

Tired of knots in your halyards, the mess of tangled lines in the bottom of your cockpit locker? Can you actually get the end of the line to the person on the dock? Is your anchor line a tangled mess that you hope to never use? Does it take a LONG time to uncoil a line that you need NOW. It is easy, you just need to know the secrets that Jan learned from the manufacturers of the lines themselves and 40+ years of experience.

Afternoon Workshops

Great Lakes Cruising

Eliz Greene

Anyone can cruise! Are you ready for an adventure or does cruising sound like a ordeal? Preparation makes all the difference! Find out what to know, have, and practice before you go. Get insights on equipment, skills, and experience you need, as well as tips on packing, cooking, where to visit, and the questions you need to ask when entering a foreign port. Cruising is about common sense, having the right expectations, and adapting to the circumstances. Get ready for your adventure!

Racing Tactics

Betsy Alison

In this course, explore the strategies racing sailors use to achieve advantage over their competitors. Depending on the course configuration, knowledge of the competitor, winds and point of sail, review those tactics that should be considered in choosing your approach. If you are the tactician, crew or skipper, this course is for you.

Advanced Sail Trim

Betsy Altman

Discuss the challenges of sail trim and best practices for managing sails in various conditions. Racing or cruising, explore how to keep the boat moving, and in control, at critical moments such as light air, heavy air, starting lines or channel crossings. Powering up and depowering are both addressed, as well as the use of boom vang, halyard and other lines. Understand how to read the sails, and set the sails for the best control and performance. **Dockside/On-Boat Class**

Racing Rules

Betsy Altman

Interpreting racing rules as they apply to specific situations on the race course is not always straight forward. In this session, evaluate several tactical

scenarios, and consider the rules that apply. Learn how to make rule-based decisions with consideration to different circumstances, and how to use the rules appropriately in a competitive situation.

Sail Trim

Debbie Bruesewitz

In this short course learn basic sail trim. Debbie will give you instruction on basic trimming of the main & jib for different conditions on the Lake. On docked boat, learn trim and sail handling to get you out sailing with confidence and the knowledge that you can manage the sails. Techniques that you can take with you to practice out on the water this Spring and Summer.

Using GPS

Jan Guthrie

Hands on GPS knowledge with a GPS in your hands, during the class. So you are on the boat, but where .. exactly? Are you in a safe anchorage, or is it shallow over there. How far from shore are you, and how deep is the water? Know how to figure the best course, and where not to go. CMG, VMG, XTE ? Know what they mean and how to use them. How long till you make it to shore? Is there a current? Learn what you need to keep you and the boat safe.

Introduction to Aids to Navigation

Jane Larson

Attend this course for either an introduction, or a good reminder, of the Buoyage System and an understanding of why navigation aids are established and how they are used. Learn what the look of a buoy signifies, as well as its sounds and lights. Receive a cursory overview of navigational charts.

Dabble in Diesels

Phyllis McDonald

Learn about the basic systems of an inboard auxiliary diesel engine. Review the logical steps to diagnose

your engine's problem the next time something goes wrong. Hear about typical symptoms that help diagnose a problem, and tips for preventive maintenance for the best avoidance of problems in the first place!

Introduction to Iceboating

Jane Pegel

What is in an iceboat? How does it differ from a sailboat? What draws women to iceboating? Familiarize yourself with the parts of an iceboat, propulsion on ice, the speed factor, and excitement of participating in the iceboating competitive community.

Wood Finishing Oil/Varnish

Mary Richter

Attend this course to learn various methods for applying, and re-applying wood finishes in the marine environment. Discuss how to protect your wood and keep your boat looking cared for. Review pros and cons of different finishes, how they age, and tips for successful application and greatest durability. Experiment with brush strokes and learn the do's and don'ts for the best performing results.

Suddenly in Command

Kelly Tebbs

If you aspire to helm the boat, this course is for you. Learn the basics of skippering a boat the fundamental actions to take if you are faced with an emergency and must get the boat back to the dock. Address the responsibilities of skipper, the basic principles of operating the sailboat, starting the engine and the basics of electronics.