

# Keynote Speaker

## Pam Wall, World Cruiser

Pam grew up sailing on Lake Michigan. She attended the University of Wisconsin and was elected President of the Hoopers Sailing Club. After graduating, Pam moved to Fort Lauderdale to sail year round. She met a young Australian, Andy Wall, who had just rounded Cape Horn, and their life together with their two children, has made Pam what she is today. Andy and Pam built a 39-foot sloop and sailed it on a seven-year circumnavigation with their two small children. Upon return to Florida, West Marine asked Pam to become their Cruising and Outfitting Consultant. She has been with them for 20 years. Pam gives lectures on cruising and outfitting across the country and has been an instructor at "Women on the Water" at the Bitter End Yacht Club for many years.



# WORKSHOP PRESENTERS

## Betsy Altman



Betsy, a lifelong racing sailor, loves being on the water. Focused on one designs, she has won in 470s, Lightnings, and Etchells. In 2007 she won the US Women's Open Championship (the Adam's Cup), a first by a Chicago Yacht Club skipper. Today, she is an umpire and certified judge, working at Optimist Dinghy events in the US, team races in the US, and match races at the Chicago Match Race Center. She is a 15-year US Sailing volunteer, chairing committees promoting small boat sailing and youth development. She edits/publishes OptiNews, among other projects.

## Debbie Bruesewitz



Debbie's casual interest in sailing developed into an insatiable passion. She learned to sail on Chesapeake Bay. Her first regatta—Audi/Yachting Race Week on the bow of a C & C 33! Then she discovered one designs like Hobie 16s and J/boats. She sailed events from Key West Race Week to Wednesday nights. The Bermuda Race, deliveries and cruising the BVIs expanded her horizons, but her passion for around-the-buoys called! A long-distance romance brought her to Milwaukee. Today, she skippers/crews on T-10s and a Mount Gay 30.

## Amy Cermak



Amy was first certified in 1973 as a water safety instructor and ever since she actively continues to promote water safety. Amy coordinates the annual day-long "AdventureSail" program for girls sponsored by the National Women's Sailing Association as well as a similar event sponsored by the Racine Yacht Club in Racine, Wisconsin. Since 1994, Amy has participated in the Milwaukee Bay Women's Sailing Organization as a skipper.

## Judy Cook



Judy came late to sailing, daysailing and cruising when she was 30+, but she's spent the last 35 years making up for lost time. In addition to the North Channel, she's cruised the Chesapeake, the Apostle Islands, Lake Michigan, and Green Bay. Judy has raced one-design and PHRF boats, including two years on an all-women's J/24. But the appeal of the cruising life-style never left. Last summer, Judy and her partner Bill, made their 2nd visit to the North Channel/Georgian Bay on a nine-week, 1300-mile cruise.

## Jan Guthrie



Jan has been involved in every aspect of the marine industry. She has been a USCG Captain on charters, private yachts and deliveries; managed marine stores; sailing schools, and worked in boatyards. She has cruised and raced extensively on the Great Lakes and beyond, sailing in numerous Macs and other area races. She has taught classes and seminars for many groups. For the past 15 years, Jan has raced with the only all woman crew out of Northpoint. She owns and operates Jan Guthrie Yacht Brokerage and has sold boats of all types since 1989.

## Cindy Kraus



Cindy began sailing in her early teens on Class X and Scows. She became a member of the UWM Sailing Club, serving as Fleet Captain and Instructor. Cindy and her husband Bob have cruised on their Pearson 323. They have gone down the Mississippi River, across the Gulf of Mexico to the Bahamas. They have also navigated the Intracoastal Waterway, the Erie Barge Canal and Canada's Trent Severn Waterway. Cindy is a US Sailing Club Judge and Certified Race Officer and has been extensively involved in the sailing community serving on many race committees. She has served Milwaukee YC as a Fleet Committee Chair, Race Committee chair, and PHRF Fleet Captain.

## Phyllis McDonald



Phyllis started sailing while in college. In the first two years she made 9300 miles of passages. Trips down the Mississippi to the Gulf of Mexico, up and down the Atlantic coast, Key West to Newport, Rhode Island, and then traversing the Great Lakes. The logged miles and experience as crew and then as skipper earned her a USCG Captain's license. Since the 1970's Phyllis has worked somewhere in the marine industry and has extensive experience in boat maintenance.

## Mickey Neilson



Mickey has raced in numerous U.S. Sailing championships, J/24 Worlds, 24 Chicago/Port Huron/Mac Races, 15 Queen's Cups, 6 Key West Race Weeks, and various NOOD Regattas. She has raced J/22s, Great Lakes 36, 50, and 70s, J/105s, and J/109s. Mickey volunteers at Nielson Sailmakers in Racine, Wisconsin. Mickey and her husband own and race an Olympic Class Star, which they sail in local and world level competition.

## Charlotte Peterson



Charlotte's sailing industry career began at the age of 15 in a chandlery in Florida. She skippered three of her family's boats, and spent summers helping to teach junior sailing at Florida Yacht Club. With a "performance cruiser" attitude, Charlotte has lived aboard an Endeavour 40 ketch and has cruised the ICW from the Chesapeake to the Keys. She has spent a decade racing and cruising on Lake Michigan on her Ericson 34, but sails Lasers and E-Scows now. She has worked at Harken for 14 year and is US Aftermarket Sales Manager.

## Jenifer "Jenny" Townsend



Jenny has competed in skiing and sailing in weather from 90° and fog to -20 and snow. She has taught all ages to sail boats from Optimis and Prams to 50-footers. Jenny has done buoy and offshore races since childhood. She and her family have cruised Lake Superior. She has raced her J/24 in hundreds of buoy races with family and female-only crew and has competed in many handicap and one-design events. She was also the first 2nd generation/2nd female Commodore of Duluth Yacht Club.

## Amy Seeley



Amy has been a Meteorologist with the National Weather Service in Chicago for the past 20 years. She graduated from Northern Illinois University in 1992 with a B.S. in Meteorology. From 1994-2009 as Port Meteorological Officer (PMO) she went aboard Great Lakes ships and trained crew on how to take weather observations so that forecasters would have real time information from the lakes. She also calibrated their weather equipment and taught them how to use the National Weather Service products available online.

## Jean Wolfrum



Jean, now retired after being a registered nurse for 27 years, began sailing by taking lessons from UWM. She owned two sailboats, a 20' Balboa and a 30' Irwin. She and her husband owned a 35' Pretorian for 19 years and sailed the Great Lakes with an 8-week cruise of the North Channel before moving/sailing to Charleston, SC in 1995. They completed a transatlantic circle cruise in 2008, taking 1 1/2 years. Starting from Charleston they visited the Bahamas, Bermuda, Azores, Portugal, Spain, Madeira, Canary Islands, Antiqua, British and US Virgin Islands, Turks & Caicos, and then back to Charleston. Jean is writing a cruising cookbook called *The Floating Gourmet*.

## SAILING ABILITY QUALIFICATION GUIDE

Please use the following information as a guide when choosing workshops:

**BEGINNER:** You haven't been on a sailboat before or you've been a guest on other people's boats. Your experience is limited to following directions. Your knowledge of terminology is basic. Little or no helm time. You've been sailing with others, but do not adjust anything with out direction.

**INTERMEDIATE:** You've been sailing with others. You know fundamental terms and equipment and can prepare for and execute maneuvers with brief commands. You are familiar with basic trim of jib and main, and know when and how to adjust the sails. Helm time is limited, but can read telltales. Know that there are rules of the road, but don't know them. Have been exposed to navigation but have limited practice.

**ADVANCED:** You can hand, reef, and steer and know what each means. Understand navigational terms and recognize all aids to navigation, but have limited charting practice. You can direct a beginner in sail trim. Can use secondary trim controls. Have flown a spinnaker. Can maneuver in close quarters under sail or power.